**COMMISSION BRIEF**

**Carmarthenshire Archives wishes to commission a Project Coordinator for its Change Minds project funded by Arts, Culture and Sport, Welsh Government.**

Change Minds is a well-evidenced culture therapy programme using archives for mental wellbeing and social connection.

Change Minds involves people living with mental health challenges in the Carmarthenshire area.

This shared experience of exploring mental health records over 12 facilitated workshops connects people with local history, creativity and each other so that their mental health improves.

Change Minds is a partnership between Carmarthenshire Archives and West Wales Action for Mental Health.

For more information, please visit: <https://changeminds.org.uk/>

**About the role**

The Project Coordinator will be responsible for developing, preparing and delivering a programme of 12 workshops over two phases, each with a 3-hour framework, at Carmarthenshire Archives for participants of the Change Minds project.

A cohort of up to 16 participants will spend Workshops 1-6, the research phase (Phase 1), looking at archives from St David's Hospital, Carmarthen and selecting a case study to research.

Workshops 7-12 comprise the creative phase (Phase 2). This aims to support participants to build upon their research by creating a piece of art or writing as a response to what they have discovered, about the individual and themselves, guided by the Project Coordinator and one or more Creative Facilitators.

The Project Coordinator will support the Creative Facilitator for these workshops.

The Project Coordinator will guide participants through the research process, introducing methods of creative interpretation such as words, images, movement and thoughts, helping the group to find creative ways to respond to the historical research that they have been doing in the previous set of workshops.

Alongside the Creative Facilitator, they will help participants to plan and prepare a final showcase of their work. This will include deciding on the creative product, which could be an exhibition, a performance or a book of writing. Then they will produce, create/ edit and present their work.

They will be supported by archive staff, and volunteers, and will have the opportunity to attend training in Mental Health Awareness, Reflective Practice sessions and an evaluation interview.

**About You**

You will have demonstrable experience in delivering high-quality research-based workshops.

You will have a passion for, and understanding of, the role of culture, heritage and the arts as a mental health intervention. You will also have experience of working with adults with a variety of mental health conditions, and with a wide range of abilities and backgrounds.

You will have the ability to make participants feel at ease through your personal manner and communication style. You will be well organised and committed to the role and the delivery of the project from start to finish.

**Expressions of interest**

Expressions of interest should be submitted by Friday, 12th July 2024 to

Hayden Burns, Archives Transformation Manager, Carmarthenshire Archives

Email: [HSBurns@carmarthenshire.gov.uk](mailto:HSBurns@carmarthenshire.gov.uk)

Or

By post: Carmarthenshire Archives at Carmarthen Library, St Peter's Street, Carmarthen, SA31 1LN